



SSYC Junior Program Schedule and Prices 2025

This year we are offering three weeks of half day sessions Monday-Friday as well as our one week mini camp. \$1000 per session. Boat charter is included.

REGISTRATION OPENS FEB 1 for members, Feb 15 for nonmembers at 9AM

MINICAMP: June 23-27 - this is our one week option!

SESSION I: June 30-July 18; no class July 4

SESSION II: July 21-August 15; no class August 6-10

Available discounts:

- 10% discount if you enroll in both sessions
- SSYC members receive a 25% discount with code SSYCMEMBER
- Sailors bringing their own Opti/420 receive a \$200 discount with code BYOB

Class Descriptions

Mini Camp

Introduction to Sailing

Ages 8-16

June 23-27

Monday-Friday 8:30 am - 12:30 pm

5 half days (M-F): \$500 per session

The SSYC Mini Camp is a 5 day introductory course that takes place the first week of the sailing summer and is designed to give your child a taste of what it is like to be out on the water. Sailors will experience a variety of boats with three to four other children and one instructor, play games, go on "treasure hunts," and enjoy lots of fun with new friends! The program is a fun introduction to sailing with the goal of having students become comfortable in small boats. Specific skills include basic concepts of sail trim, steering and overall safety.

Navigators

Beginner Opti

Ages 8-12

SESSION I: June 30-July 18; no class July 4

SESSION II: July 21-Aug 15; no class Aug 4-8

Monday-Friday 8:30 am - 12:00 pm

5 half days (M-F): \$1000 per session

This is our beginner sailing class and is taught in Optimists. Navigators is designed to give sailors a strong fundamental base of sailing skills such as rigging, tacking, gybing, sail trim, hiking, and successfully maneuvering at all points of sail. The overall goal is to make the sailor comfortable on the water in varying conditions, while eventually becoming proficient sailing alone in the Opti. It's customary to take several seasons to move through all the skills and graduate to our intermediate class.

Sea Dogs

Intermediate Opti

Ages 9-12

SESSION I: June 30-July 18; no class July 4

SESSION II: July 21-Aug 15; no class Aug 4-8

Monday-Friday 8:30 am - 12:00 pm

5 half days (M-F): \$1000 per session

Sea Dogs focuses on more performance boat-handling skills and also introduces sailors to racing. Specific skills include the basics of upwind sailing, performance boat-handling, and the introduction of some basic racing techniques.

*** There is no Opti A class this year. Advanced Opti sailors are encouraged to sail with Race Team.



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420 Green

Beginner 420

Ages 13-16

SESSION I: June 30-July 18; no class July 4

SESSION II: July 21-Aug 15; no class Aug 4-8

Monday-Friday 1:00 pm - 4:30 pm

5 half days (M-F): \$1000 per session

This class is for sailors who have outgrown the Opti, or for teens who are learning how to sail. This class is primarily in Club 420s, but Flying Scots may also be used based on the skill level of the participants and the weather on any given day. This class focuses on boat-handling, including tacking, acceleration, and general sail trim on all points of sail. Sailors will be introduced to basic concepts for racing, but the primary focus will be to establish the fundamentals of boat-handling, seaman-ship, and general proficiency on the water while developing interpersonal skills and having fun.

The boats used in this course are sailed by multiple people. Sailors will certainly have the opportunity to sail with friends, but should be prepared to switch crew. Coaches will decide crew pairings daily based on conditions, goals, and skills being practiced.

420 Blue

Advanced 420

Ages 13-16

SESSION I: June 30-July 18; no class July 4

SESSION II: July 21-Aug 15; no class Aug 4-8

Monday-Friday 1:00 pm - 4:30 pm

5 half days (M-F): \$1000 per session

420 Blue is the first step in our 420 Racing track. Participants are typically invited from Teen Green, Sea Dogs, and Opti Race. 420 Blue is a great option for kids who are beginning their journey in racing, or for older kids who want to keep developing their racing skills. Sailors are taught the fundamentals of sailboat racing, boat speed, boat handling, strategy and tactics, and team racing. 420 Blue sailors who are interested will have the opportunity to attend regattas. Parents are asked to aid in transportation, including trailering boats to and from the regattas. (For regattas, parents are asked to aid in transportation, including trailering boats to and from the regattas.)

Please note that coaches will determine skipper crew combos to maximize performance and learning. Your sailor can expect to sail many different positions on the boat and will have turns teaming up with everyone in the class.

Opti Race Team

TENTATIVE SCHEDULE:

(will confirm with coach later this spring)

June 23- August 15

Monday-Thursday 8:30 am - 4:30 pm

4 full days (M-F): \$2600 for nonmembers

50% discount for members use code "RACETEAM"

The Opti Race team is the most advanced program for young Optimist sailors. Sailors are invited to participate by the race team coaches. The team is reserved for those sailors who want to really improve their racing skills. Skills include performance boat-handling, intricacies of rigging and tuning, and advanced racing topics such as starting, strategy, and tactics.

The Race Team is a travel team and participates in numerous regattas throughout the summer.

THERE IS MANDATORY PARENT INVOLVEMENT IN RACE TEAM. We are a volunteer run program with summer staff. Parents are asked to aid in transportation, including trailering boats to and from the regattas.

You must have your own boat. No BYOB discount.

Junior Sweeps Regatta

August 4-8

SSYC and MBC

This is a beginner regatta (sailing tournament) offered for race ready sailors (usually Sea Dogs and 420 Blue, but some Navigators and 420 Green will be able to participate with appropriate skill level and coach approval.) More info will be sent out in July. There will be a SSYC \$100 coaching charge (in addition to regatta registration fees) for any sailors wishing to participate. We will waive the coaching fee for all sailors participating in both sessions. To avoid confusion, we will not open up Sweeps signups until July. You'll get an email with all the information.

Aug 6-7 @ SSYC; Aug 8-9 @ MBC Racing begins in the morning and goes until lunchtime or early afternoon depending on weather.



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FAQ

Why did you change the format?

We are trying something different this year. The hope is that more beginner sailors can try sailing with shorter sessions so that we can share our sport with more people. If you want six weeks, that is available , just enroll in both sessions (and get the discount!)

Are no alternating days available?

No, not this year. With shorter three week sessions we really needed all five days to cover the skills. Hopefully the AM/PM format can help accomodate other activities.

What happened to Opti A?

Opti A sailors are race team ready! Remember, you do not have to attend every regatta. If full days feel like too much, enroll in Sea Dogs.

Are each of the 3 week sessions identical or additive in terms of skills taught? Can my sailor begin in Session II?

Yes, you can jump into Session II brand new and the sailor that already did Session I will not be bored in Session II. The curriculum is the same, but how we work through the curriculum will be different depending on the kids, weather, etc. It's not the exact same activities and drills each session, but it is the same skills being taught, reinforced, and improved. Activities will have easy/hard/advanced modifications (like in a group fitness class).

Other information about program participation and prerequisites may be found in general program info section on our website.

**Questions? Contact Program Director Brian Dellett
jrsailing at ssyc.us**